

# PABIA SURVIVAL KIT

## RECOMMENDED FIRST AID & SURVIVAL ITEMS FOR POINTE AU BARIL BOATERS

### In General

Everyone should let someone on your island know where you are heading

If on a day trip or longer, it is always a good idea to leave a trip plan

Ensure that you wrap your cell phone in a waterproof container and bring adequate safety, first aid, and survival "kits"

Always check the weather forecast and avoid conditions that could put you and crew at personal risk

Functional PDFs should be worn at a minimum all night and during inclement weather boating

### Carry Onboard

Boater Operator's License

Well-Charged Cell Phones

Any Necessary Medications

Sunscreen

Sunglasses

Hat

Full Rain Suits With Hoods /Rain Hats warmth for the head) for any inclement or possible late afternoon storms

Warm Jackets and a pair of warm gloves if temperature intends to drop



Pointe au Baril Islanders' Association

[www.pabia.ca](http://www.pabia.ca)

# PABIA SURVIVAL KIT

**Boating First Aid Kit** (Remains with boat in clearly marked, water proof container)

Antiseptic Cream

Baggies

Foil-faced Thermal Blanket

Gravol (for sea sickness)

Pair of non-pointed Scissors

Pencil

Penknife

Safety Pins

Small Notepad

Sterile Dressings

Tongue Depressor

Triangular Bandages

Vinyl (not latex) Gloves

Waterproof Adhesive Tape

Waterproof Band Aids

Wooden Matches in a waterproof container



## **Suggested Add-Ons to Mandated Safety Equipment**

Accurate Dash-Mounted Compass

as it is hard to tell directions at night

Charger for Cell Phone

Front, Back And Top Boat Covers

stored onboard to keep dry in inclement weather

GPS With Marked Course – to chart or reverse

your course

Jumper Cables

Large Towels

Maps

Up To Date PaBIA Maps showing current local markers

Navigational Maps - if going out of PaB

Ship To Shore Radio – a means of communication



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